

# Familylinks

## Training Institute

January/March  
2021 Webinars



### **Ethics**

**January 15, 2021**

**9:30 – 12:30**

**Mike Palladini**

**\$55 – (includes LSW and PCB credits)**

This training will address ethical considerations in addiction and Mental Health treatment. In protecting the client, the agency and the counselor from litigation, the counselor must have knowledge and understanding of State and Federal laws and regulations governing treatment of the client. The PA Certification Board and National Association of Social Workers Code of Ethics will be reviewed, as well as general concerns about counselor/client limitations and boundaries.

### **Suicide: Prevalence, Prevention and Intervention**

**January 20, 2021**

**9:30 – 12:30**

**John Amato**

**\$55 – (includes LSW and PCB credits)**

Research published from the U.S. Center for Disease Control and Prevention (CDC) found that suicide rates increased by 25 percent across the country over nearly two decades. More than half of those who died by suicide had not been diagnosed with a mental health condition, CNN reported. Carefully review medical records and conversations with family members of the victims, this study also reveals that 90 percent had evidence of a mental health condition. In this training, participants will gain an understanding of many of the factors that contribute to suicide, including risk and protective factors, warning signs, and lethality. Assessment and intervention strategies will also be discussed.

### **Autism Series:**

#### **Module 1 - Autism and the Types of Services Available for Educators and Families**

**January 26, 2021**

**9:30 – 12:30**

**Patty Maxwell**

**\$55 – (includes LSW and PCB credits)**

There is no “one size fits all” when it comes to Autism. This training will support educators and families to better understand the many types of services and interventions available for children diagnosed on the Autism Spectrum. We will dive into specific examples with discussions and support what best suits kids of all developmental levels and ages. Participants will gain a better understanding of the many faces of autism and take a closer look into numerous options available for treatments with educational and home-based services

For registration information, email; [dmurphy@familylinks.org](mailto:dmurphy@familylinks.org)

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## Training Institute

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2021 Webinars (2)



### **Leadership Series: Developing and Sustaining a Highly Cohesive Team**

**February 3, 2021**

**9:30 – 12:30**

**John Amato**

**\$55 – (includes LSW and PCB credits)**

Those who have experienced being a member of a high performing team know of the powerful potential and satisfaction that can result. This program provides the concepts and the practical skills needed to be an effective leader and to build a high performing, cohesive team. In this workshop, we will identify how team leader behaviors influence the team. We will also demonstrate effective strategies to assist in facilitating a team's development.

### **Harassment in the Workplace**

**February 2, 2021**

**9:30 – 12:30**

**John Amato**

**\$55 – (includes LSW and PCB credits)**

Discover how to deal with the many varieties of illegal harassment that occur in the workplace based on an employee's race or color, religion, national origin, or disability. Harassment training is not required under federal law, but it can play a critical role in people's ability to deal with it. While many states have enacted legislation specifically requiring sexual harassment training, none have mandatory training for other types of illegal harassment. Even if not required by law, court decisions, and Equal Employment Opportunity Commission (EEOC) Guidelines make clear that training for all types of harassment may be critical in raising a defense and avoiding punitive damages in harassment lawsuits. Learn what behaviors are associated with different types of harassment as well as effective ways to confronting and resolving them.

### **Supporting Trauma and Trauma related Behaviors in the Classroom**

**February 10, 2021**

**9:30 – 12:30**

**Erin Troup**

**\$55 – (includes LSW and PCB credits)**

Many behaviors that children display originate from a "Trauma Brain". These behaviors do not respond to traditional corrective action or behavioral based interventions. In this presentation, participants will learn about the origins of trauma on a developing brain and the lifelong challenges that may accompany those changes. Participants will learn how to recognize "Trauma Behaviors" from "Traditional Behaviors" and be able to intervene in a variety of positive ways. Participants will have some "tools for their toolbox" that they can implement with minimal to no cost or disruption to learning. The important piece to note is that working with children who have experienced trauma is a hard job; and being mindful of how these behaviors can be triggering to us as individuals in a helping profession is a large part of the work as well. Being mindful and having some self-care and trigger reminders while working with trauma will be addressed to best support everyone who works so hard to support the children in their care.

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# Familylinks Training Institute

January/March

2021 Webinars (3)



## **Autism Series:**

### **Module 2 - Autism and Behavioral Techniques**

**February 23, 2021**

**9:30 – 12:30**

**Patty Maxwell**

**\$55 – (includes LSW and PCB credits)**

The word “behavior” seems to almost always be paired with Autism. Behavior serves a purpose! Typically, behaviors are for communication or lack thereof, attention, or escape. During this training we will look deeper at behavior by defining it, explore different types of behavior, and look at some behavioral techniques that may help decrease the frequency of behaviors.

### **Motivational Interviewing**

**Part 1 – March 12, 2021,**

**Part 2 – March 19 2021**

**9:30 – 12:30**

**John Amato**

**\$110 – (includes LSW and PCB credits)**

Hone your ability to influence clients to improve their own lives by allowing them to discover the strength they have within, using it as a core tool for motivation leading to success. Learn more about Motivational Enhancement Therapy, a systematic intervention approach that allows people to discover that personal, inner strength, which in turn builds personal motivation. Based on principles of motivational psychology, it is designed to produce rapid, personally motivated change. Instead of guiding or training a client through recovery in a step by step process, MET works to awaken the client’s own strengths and resources to create positive change in their life.

### **Managing Time Effectively**

**March 22, 2021**

**9:30 – 12:30**

**John Amato**

**\$55 – (includes LSW and PCB credits)**

Discover new ways to manage yourself—and your time—in order to significantly reduce stress and feelings of being out of control. In today’s busy world, it’s easy to feel as if there are never enough hours in the day to complete tasks. Although time is not adaptable, human behavior can be changed. This session provides the tools needed to organize and simplify workloads

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## Training Institute

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### 2021 Webinars (4)



#### **Children and Trauma: Decoding Difficult Behaviors and Applying Strategies to support Resiliency**

**March 26, 2021**

**9:30 – 12:30**

**Patty Maxwell and Erin Troup**

**\$55 – (includes LSW and PCB credits)**

A 4-year-old temper tantrum could be communicating so much more than you think...Take a closer look at the effects of trauma on young children and how to understand “age-appropriate behaviors” vs “trauma related behaviors”. We will give concrete techniques and strategies to better help and understand how to guide a child and their families who have experienced trauma.

#### ***Autism Series:***

#### **Session 3 - Autism and Sensory Integration**

**March 30, 2021**

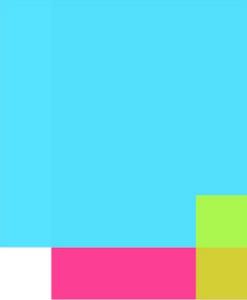
**9:30 – 12:30**

**Patty Maxwell**

**\$55 – (includes LSW and PCB credits)**

We hear the word “sensory” quite a bit when working with a child on the Autism Spectrum. Why does my child cover his ears? Why is my child banging her head? What exactly does “sensory” mean? This training will help professionals and families find the answers to some of these questions and gain a better understanding of the sensory processing system. We will look at why it plays such a big part in our lives and explore sensory integration techniques that may help your kiddo find more comfort and happiness.

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### About the Presenters

**John Amato**, MEd, is the Director of Training and Consultation Services at Familylinks. He has 40 years of clinical, managerial and training experience in social services. He is a certified trainer for the Pennsylvania Child Welfare Resource Center. Since 1994, John has delivered hundreds of workshops and has provided consultation and training in the areas of leadership, and team development. He has also provided trainings on chemical dependency and recovery and at-risk youth related issues. John earned his Master's degree from the University of Pittsburgh in 1980. In February 2014, John became a Certified Situational Leadership Experience trainer. In October of 2015, he became a Predictive Index Analyst. In June of 2020 John earned his certification as a Modern Classroom Certified Virtual Trainer (MCCT).

**Patty Maxwell** is a licensed Behavior Specialist (BSL) with over 20 years of experience working throughout the mental health field in various positions including wraparound, intensive case management, family based mental health services and Early Intervention. She is the owner of Engage Kidz LLC and currently supports children and family's virtually, in-home, school and in communities. Patty also supports teachers and professionals by coaching them through tough behavioral challenges and offers small and large group trainings. Her various educational background and experiences have allowed her to work with a wide range of ages (birth through adulthood) and supporting an array of learning abilities including individuals with autism, learning disabilities, behavioral challenges, intellectual disabilities and emotional disorders.

**Michael Palladini** has over 20 years of work experience in hospital, retail and long term care pharmacy. He has helped to develop and instruct in pharmacy technician programs, has been involved in action committees to address prescription drug abuse, and has been a certified trainer for PA Certification Board and the PA Department of Drug and Alcohol Programs for many years. He is the founder of Three Suns Publishing, a sole proprietorship developed to educate and inform interested parties in the areas of drug addiction. He recently published "Drugs of Abuse: From Doctors to Dealers, Users and Healers."

**Erin Troup** is a Licensed Professional Counselor and the owner of Sprout Center for Emotional Growth and Development, LLC a private practice in Pittsburgh, PA specializing in early childhood social emotional needs, particularly attachment, grief & loss, trauma and anxiety. Erin earned her undergraduate degree in psychology and child development from Indiana University of Pennsylvania. She attended Chatham University for her MS in counseling and earned her Infant Mental Health Certificate in Pennsylvania's first Infant Mental Health cohort. Erin has worked in the fields of Mental Health, Early Intervention and Behavioral Health service for over 15 years. She has presented on a variety of topics including mental health, grief and loss, social emotional and child development throughout the United States; but she calls Pittsburgh Pennsylvania home. She is the board secretary for The Pennsylvania Association for Infant Mental Health and a member of The Association for Death Education and Counseling. Erin also provides clinical and Reflective supervision for individuals seeking Licensure and Infant Mental Health Endorsement.