



Familylinks

Training Institute

September/December 2022 Webinars



Autism And the Brain

September 12, 2022

9:30 – 12:30 (Virtual)

Patty Maxwell

\$60 – (includes LSW and PCB credits)

The brain is one of the largest and most complex organs in the human body. The brain of a person with Autism is even more complicated. In this training we will look at the Autistic brain vs non-Autistic brain. We will dive into the differences in the Autistic Brain between children and adults, females and males, and growth rates of people on the Autism Spectrum.

Understanding and Preventing Harassment in the Workplace

September 16, 2022

1:00 – 4:00

John Amato

\$60 – (includes LSW and PCB credits)

Discover how to deal with the many varieties of illegal harassment that occur in the workplace based on an employee's race or color, religion, national origin, or disability. Harassment training is not required under federal law, but it can play a critical role in people's ability to deal with it. While many states have enacted legislation specifically requiring sexual harassment training, none have mandatory training for other types of illegal harassment. Even if not required by law, court decisions, and Equal Employment Opportunity Commission (EEOC) Guidelines make clear that training for all types of harassment may be critical in raising a defense and avoiding punitive damages in harassment lawsuits. Learn what behaviors are associated with different types of harassment as well as effective ways to confronting and resolving them.

Children and Trauma

September 29, 2022

9:30 – 12:30 (Virtual)

Patty Maxwell and Erin Troup

\$60 – (includes LSW and PCB credits)

In this presentation we take a closer look at the effects of trauma on young children and how to understand "age-appropriate behaviors" vs "trauma-related behaviors." We will give concrete techniques and strategies to better help and understand how to guide a child and family who have experienced trauma.

For registration information, email: dmurphy@familylinks.org

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Play-Based Activities for Regulating Behaviors

October 17, 2022

9:30 – 12:30 (Live)

Patty Maxwell and Erin Troup

\$60 – (includes LSW and PCB credits)

In this training learn specific interventions, strategies, and activities to use with children to help them regulate their BIG emotions in those LITTLE bodies. Autism, ADHD, and Anxiety are just a few of the specific areas we will be brainstorming about so that attendees will walk away with more tools in their toolbox of behavioral interventions. We will also look at how to engage the families of these children so that they are able to understand and utilize these ideas daily.

Leadership Series:

Having Difficult Conversations with Employees

October 24, 2022

9:30 – 12:30

John Amato

\$60 – (includes LSW and PCB credits)

As leaders, coaching our employees to succeed is one of our major responsibilities. While we wish that it just entailed sharing positive feedback, we must also ensure our employees are meeting performance standards. Unfortunately, that often requires us to be responsible for managing difficult conversations along the way. We will explore some of the reasons for being uncomfortable with these conversations as well as discover methods for increasing our confidence in these skills. We will also understand the relationship these conversations have with an accountable team.

Trauma Informed Care

November 3, 2022

9:30 – 4:30 (Live)

Alissa Klugh

\$120.00 (includes LSW and PCB credits)

Enhance your knowledge and ability to understand, empathize, and support how your clients' history can impact their daily functioning with trauma-informed treatment. Learn more about trauma-informed care, an inclusive approach that allows clients (and the clinician) to discover the effects that their lives' events and perceptions of those events on daily mood, interactions, assumptions, thoughts, feelings, and behaviors. Based on principles of evidenced-based practices that come together to formulate an overall understanding of trauma's effects on the body and mind, it is designed to produce self-awareness, patterns of responding to stress, and psychoeducation, which can lead to a shift in thinking, feeling, and behaving. Instead of guiding client with basic processing, trauma-informed care works in conjunction with other treatment principles to get a handle on the underlying beliefs that drive our thinking, perceptions, and interpersonal relationships.

For registration information, email; dmurphy@familylinks.org

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Motivational Interviewing

Part 1 – November 4, 2022, 9:30 – 12:30

Part 2 – November 11, 2022, 9:30 – 12:30

John Amato

\$120.00 (includes LSW and PCB credits)

Hone your ability to influence clients to improve their own lives by allowing them to discover the strength they have within, using it as a core tool for motivation leading to success. Learn more about Motivational Interviewing, a systematic intervention approach that allows people to discover that personal, inner strength, which in turn builds personal motivation. Based on principles of motivational psychology, it is designed to produce rapid, personally motivated change. Instead of guiding or training a client through recovery in a step-by-step process, MI works to awaken the client's own strengths and resources to create positive change in their life.

Essential Tools to Bring The "Super" To Supervision

November 28, 2022

9:30 – 12:30

John Amato

\$60 – (includes LSW and PCB credits)

One of the most critical roles in organizations that challenge leaders today is the ability to effectively supervise employees. Simply telling people what to do does not guarantee success. It also does not guarantee a motivated workforce. Supervisors today know that a strong relationship with their employees is the critical foundation for working with them to do what is expected of them in a high-quality fashion. Oftentimes, however, supervisors are provided the least amount of training to develop the essential skills needed to be successful.

Live trainings will be held at:

**401 North Highland Avenue
Pittsburgh, Pa 15206**

For registration information, email; dmurphy@familylinks.org

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About the Presenters



John Amato, M.Ed., is the Director of Training and Consultation Services at Familylinks. He has 40 years of clinical, managerial, and training experience in social services. He is a certified trainer for the Pennsylvania Child Welfare Resource Center. Since 1994, John has delivered hundreds of workshops and has provided consultation and training in the areas of leadership, and team development. He has also provided trainings on chemical dependency and recovery and at-risk youth related issues. John earned his master's degree from the University of Pittsburgh in 1980. In February 2014, John became a Certified Situational Leadership Experience trainer. In October of 2015, he became a Predictive Index Analyst. In June of 2020 John earned his certification as a Modern Classroom Certified Virtual Trainer (MCCT).

Alissa Klugh MS, LPC, CMHIMP, is a Licensed Professional Counselor (LPC). She owns and see clients at Pittsburgh Psychotherapy Associates, LLC, in the North Hills of Pittsburgh. As an alumnus of the University of Pittsburgh, she obtained her master's degree in Rehabilitation Counseling and a bachelor's degree in Psychology with a minor in Biology. She is in the process of becoming a Certified Mental Health Integrative Medicine Provider and is a Beachbody coach. With over 13 years of experience in the mental health field, Alissa worked with children and their families of many ages and backgrounds on their growth and change. She has worked with individuals struggling with depression, anxiety, mood disorders, anger management, self-improvement, co-parenting after separation/divorce, working through major life stressors, and building self-esteem by helping them find a new path. Alissa has worked in direct care and managed a mental health program for individuals with severe mental health needs.

Patty Maxwell, M.Ed., M.S., BSL, is a licensed Behavior Specialist (BSL) with over 20 years of experience working throughout the mental health field in various positions including wraparound, intensive case management, family based mental health services and Early Intervention. She is the owner of Engage Kidz LLC and currently supports children and families virtually, in-home, school and in communities. Patty also supports teachers and professionals by coaching them through tough behavioral challenges and offers small and large group trainings. Her various educational background and experiences have allowed her to work with a wide range of ages (birth through adulthood) and supporting an array of learning abilities including individuals with autism, learning disabilities, behavioral challenges, intellectual disabilities and emotional disorders.

Erin Troup, LPC, NCC, CT, IMH-E (IV Clinical), is a Licensed Professional Counselor and the owner of Sprout Center for Emotional Growth and Development, LLC a private practice in Pittsburgh, PA specializing in early childhood social emotional needs, particularly attachment, grief & loss, trauma and anxiety. Erin earned her undergraduate degree in psychology and child development from Indiana University of Pennsylvania. She attended Chatham University for her MS in counseling and earned her Infant Mental Health Certificate in Pennsylvania's first Infant Mental Health cohort. Erin has worked in the fields of Mental Health, Early Intervention and Behavioral Health service for over 15 years. She has presented on a variety of topics including mental health, grief and loss, social emotional and child development throughout the United States; but she calls Pittsburgh Pennsylvania home. She is the board secretary for The Pennsylvania Association for Infant Mental Health and a member of The Association for Death Education and Counseling. Erin also provides clinical and Reflective supervision for individuals seeking Licensure and Infant Mental Health Endorsement.