

# Familylinks Training Institute

October / December 2024  
Trainings



## Where to Begin with Some of the Most Challenging Families We Work With

October 1, 2024

9:30 – 12:30

Patty Maxwell

\$65 – (includes LSW credits)

Have you ever felt completely at a loss when starting to work with a new family? Working with families can be difficult and draining, especially for a challenging family. During this training we will take a step back to some of the basics. Relationship building, listening skills, boundaries, and self-advocacy for our families and for ourselves are just a few of the topics we will dive into during this presentation. Baby steps are steps and sometimes we forget to celebrate these wins when working with families in this field.

## Leadership Series:

### Leadership and Emotional Intelligence

October 10, 2024

9:30 – 12:30

John Amato

\$65 – (includes LSW credits)

Tune into the importance of emotional intelligence and interpersonal relationships in the workplace. Connecting with colleagues and employees on a genuine level is a direct result of high emotional intelligence and leads to better working relationships. Find out how self-awareness, social awareness, self-management, and social skills influence the way people handle themselves and their relationships. Also, discover how these strengths play a bigger role than cognitive intelligence in determining success in life and in work, as studied by Daniel Goleman, author of Emotional Intelligence and other writings on this subject.

## Autism & The Brain

October 22, 2024

9:30 – 12:30

Patty Maxwell

\$65 – (includes LSW credits)

The brain is one of the largest and most complex organs in the human body. The brain of a person with Autism is even more complicated. In this training we will look at the Autistic brain vs non-Autistic brain. We will dive into the differences in the Autistic Brain between children and adults, females and males, and growth rates of people on the Autism Spectrum.

# Familylinks Training Institute

October / December 2024  
Trainings (2)



## **Managing Time Effectively**

**October 30, 2024**

**9:30 – 12:30**

**John Amato**

**\$65 – (includes LSW credits)**

Discover new ways to manage yourself—and your time—in order to significantly reduce stress and feelings of being out of control. In today’s busy world, it’s easy to feel as if there are never enough hours in the day to complete tasks. Although time is not adaptable, human behavior can be changed. This session provides the tools needed to organize and simplify workloads.

## **Effective Treatment Planning**

**November 8, 2024**

**9:30 – 12:30**

**Jennifer Zapata**

**\$65 – (includes LSW credits)**

Treatment plans are always a topic when site visits occur from insurance providers, the Dept of Drug and alcohol programming and the Commission on Accreditation of Rehabilitation Facilities. With counselors having high caseloads and often rushing to complete plans by their due date, the quality can often fall short. Remembering that the treatment plan is the blueprint for one’s recovery, and that it can be viewed by the patient, management, peers, and outside agencies, it is of utmost importance that these plans are well written and include all required data. In this 3-hour training learn to recognize how to create problem lists, identify long and short-term goals, create realistic objectives and interventions. Also, learn skills needed for collaborative documentation, and how to prevent citations from auditors both internally and outside the agency.

## **Ethical Considerations for Home Visitors**

**November 12, 2024**

**9:30 – 12:30**

**Erin Troup**

**\$65 – (includes LSW credits)**

This presentation focuses on looking at the boundaries, Ethics and dual relationships that occur with home visiting and community support programs. Often the deep relationships that are formed with home visiting work tend to have folks in a bind and finding themselves within a lot of challenges that can become problems if not addressed adequately. Real-life in the field examples and discussion is infused into this 3-hour training to help professionals “stay in their lane” and still feel effective in providing great care.

# Familylinks Training Institute

October / December 2024

Trainings (3)



## **The Impact of Stigma on Consumers with Behavioral Health Disorders**

**December 6, 2024**

**9:30 – 12:30**

**Lori Abbott**

**\$65 – (includes LSW credits)**

Develop an awareness of research related to the adverse effects of internal and external stigmas on consumers with behavioral health disorders. Gain clarity on the definition and recognize strategies for identifying and avoiding stigmatizing language. Understand how our perceptions and attitudes may have an adverse impact on consumers. Learn tools to eliminate stigmatizing language and activities within healthcare settings and review the use of the recovery process for those with behavioral health disorders. This will include use of recovery-oriented language when discussing these disorders.

## **Managing Conflict In The Workplace**

**December 18, 2024**

**9:30 – 12:30**

**John Amato**

**\$65 – (includes LSW credits)**

Examine common causes of workplace conflict and hone your ability to identify a variety of approaches to conflict resolution, creating a space where it is viewed as an opportunity for growth and change in a work environment. Strengthen your ability to solve problems or manage change, as this plays an important role in success. When conflict is unresolved, it takes on a life of its own and eventually produces damage that could have been prevented. In order to create a workplace where employees and business will thrive, a leader must develop effective conflict management skills.

**All trainings will be held virtually.**

For Registration Information, email [training@familylinks.org](mailto:training@familylinks.org)

## New Registration Directions

Familylinks Training Institute is now using a new platform for registration and payment for our training offerings. To review the trainings and register:

1. Go to <https://familylinks.org/services/training-institute>
2. Click on the **Familylinks | Kindful** link.
3. On the left side of the screen, you can see information about our training offerings

### Familylinks Trainings

Familylinks is proud to offer the following trainings:

4. Once you decide which training(s) you would like to register for, click on the **PAY** button

Frequency

One time



Recurring

Pay



5. **IGNORE** the “Would you like to add an additional \$0.00 to cover transaction fees?” **Do not** check this box.

Would you like to add an additional \$0.00 to cover transaction fees?

6. On the left, scroll down the drop-down menu and select the training you would like to register for.

\* Designate your Donation

No Selection



7. Complete the information/payment section on the right side of the page.

**Billing Info**

Already have an account? [Sign In](#) to speed up the process.

Enter a Payment Method

**NOTE:** If you want to register for more than one training course, repeat the directions from step #2.

You will receive a receipt directly in your email.

If you have any questions, please reach out to [training@familylinks.org](mailto:training@familylinks.org).



# Familylinks Training institute

## About the Presenters:

**Lori Abbott, MA, LPC** - Lori is a Licensed Professional Counselor (LPC). She is an Associate Program Implementation Specialist in the Program Evaluation and Research Unit (PERU) of the University of Pittsburgh's School of Pharmacy. Within PERU, Ms. Abbott has worked across several programs providing technical assistance in establishing both SBIRT and Medication for Opioid Use Disorder (MOUD) in primary care and single county authority (SCA) settings. Additionally, Ms. Abbott has provided over 50 trainings to both PERU staff and stakeholders. Ms. Abbott has worked for over 25 years with children, adolescents, adults, and families experiencing both mental health and drug and alcohol issues. Ms. Abbott brings with her extensive history and expertise to both areas. Ms. Abbott has over 15 years of training experience with stakeholders and clinical staff. She has been able to utilize this expertise to provide clinical support to the PERU team and stakeholders.

**John Amato, M.Ed.** - John is the Senior Training Consultant at Familylinks. He has over 40 years of clinical, managerial, and training experience in social services. He is a certified trainer for the Pennsylvania Child Welfare Resource Center. Since 1994, John has delivered hundreds of workshops and has provided consultation and training in the areas of leadership, and team development. John earned his master's degree from the University of Pittsburgh in 1980. In February 2014, John became a Certified Situational Leadership Experience trainer. In June of 2020 John earned his certification as a Modern Classroom Certified Virtual Trainer (MCCT).

**Patty Maxwell, M.Ed., M.S., BS** - Patty is a licensed Behavior Specialist (BSL) with over 20 years of experience working throughout the mental health field in various positions including wraparound, intensive case management, family based mental health services and Early Intervention. She is the owner of Engage Kidz LLC and currently supports children and families virtually, in-home, school and in communities. Patty also supports teachers and professionals by coaching them through tough behavioral challenges and offers small and large group trainings. Her various educational background and experiences have allowed her to work with a wide range of ages (birth through adulthood) and supporting an array of learning abilities including individuals with autism, learning disabilities, behavioral challenges, intellectual disabilities and emotional disorders.

**Erin Troup, LPC, NCC, CT, IMH-E (IV Clinical)** - Erin is a Licensed Professional Counselor and the owner of Sprout Center for Emotional Growth and Development, LLC a private practice in Pittsburgh, PA specializing in early childhood social emotional needs, particularly attachment, grief & loss, trauma and anxiety. Erin earned her undergraduate degree in psychology and child development from Indiana University of Pennsylvania. She attended Chatham University for her MS in counseling and earned her Infant Mental Health Certificate in Pennsylvania's first Infant Mental Health cohort. Erin has worked in the fields of Mental Health, Early Intervention and Behavioral Health service for over 15 years. She has presented on a variety of topics including mental health, grief and loss, social emotional and child development throughout the United States; but she calls Pittsburgh Pennsylvania home. She is the

board secretary for The Pennsylvania Association for Infant Mental Health and a member of The Association for Death Education and Counseling. Erin also provides clinical and Reflective supervision for individuals seeking Licensure and Infant Mental Health Endorsement.



## Familylinks Training institute

### About the Presenters:

**Jennifer Zapata, CADC, CCS** - Jennifer is the clinical supervisor at Pittsburgh CTC, responsible for hiring, training, and developing all clinical staff as well as overseeing the daily clinical services provided to a clinic of about 400 patients. With 19 + years in the drug and alcohol field, Jennifer has attended over 400 hours of training focused on drug and alcohol treatment. She started off as a counselor, then transitioned to intake coordinator after identifying the needs within the field to provide top notch customer service skills to those entering treatment settings. In 2012 she moved on to the senior counselor position at that same agency with a focus on transition to management in order to better train and implement support for employees within the company. In 2016, she was advanced to clinical supervisor, after her consistent quality documentation was noticed. Jennifer is known for being particular in her attention to detail to ensure documentation skills are of high caliber before finalization. Jennifer holds a bachelor's degree from Edinboro University and has been certified as a drug and alcohol counselor since 2009. She also gained her certification in clinical supervision in 2021.