

Familylinks Training Institute

January / June 2025
Trainings



Suicide: Prevalence, Prevention, and Intervention

January 17, 2025

9:30 – 12:30

John Amato

\$65 – (includes LSW/CEU credits)

Research published from the U.S. Center for Disease Control and Prevention (CDC) found that suicide rates increased by 25 percent across the country over nearly two decades. More than half of those who died by suicide had not been diagnosed with a mental health condition, CNN reported. Carefully review medical records and conversations with family members of the victims, this study also reveals that 90 percent had evidence of a mental health condition. In this training, participants will gain an understanding of many of the factors that contribute to suicide, including risk and protective factors, warning signs, and lethality. Assessment and intervention strategies will also be discussed.

Ethics

January 17, 2025

1:00 – 4:00

Mike Palladini

\$65 – (includes LSW/CEU credits)

This training will address ethical considerations in addiction and Mental Health treatment. In protecting the client, the agency and the counselor from litigation, the counselor must have knowledge and understanding of State and Federal laws and regulations governing treatment of the client. The PA Certification Board and National Association of Social Workers Code of Ethics will be reviewed, as well as general concerns about counselor/client limitations and boundaries.

Autism Series: Module 1 - Autism and the Types of Services Available for Educators and Families (V)

January 28, 2025

9:30 – 12:30

Patty Maxwell

\$65 – (includes LSW/CEU credits)

There is no “one size fits all” when it comes to Autism. This training will support educators and families to better understand the many types of services and interventions available for children diagnosed on the Autism Spectrum. We will dive into specific examples with discussions and support what best suits kids of all developmental levels and ages. Participants will gain a better understanding of the many faces of autism and take a closer look into numerous options available for treatments with educational and home-based services.

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Leading Generations

February 12, 2025

9:30 – 12:30

John Amato

\$65 – (includes LSW/CEU credits)

Learn how cross-generation team leaders can prepare to deal with these differences in values to manage conflict better, increase performance, and maintain positive morale in the workplace. Today, the typical workplace population spans several generations and age groups, with each maintaining different work values, perceptions of authority, and views regarding what is essential. This session will provide both leaders and team members with the training needed to address and overcome intergenerational challenges.

Autism Series: Module 2 - Autism and Behavioral Techniques

February 25, 2025

9:30 – 12:30

Patty Maxwell

\$65 – (includes LSW/CEU credits)

The word “behavior” seems to almost always be paired with Autism. Behavior serves a purpose! Typically, behaviors are for communication or lack thereof, attention, or escape. During this training we will look deeper at behavior by defining it, explore different types of behavior, and look at some behavioral techniques that may help decrease the frequency of behaviors.

For registration information, email:
training@familylinks.org

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Trainings (3)



Trauma Informed Care (Part 1) LIVE

March 12, 2025

9:30 – 4:30

Alissa Klugh

\$130 – (includes LSW/CEU credits)

Enhance your knowledge and ability to understand, empathize, and support how your clients' history can impact their daily functioning with trauma-informed treatment. Learn more about trauma-informed care, an inclusive approach that allows clients (and the clinician) to discover the effects that their lives' events and perceptions of those events on daily mood, interactions, assumptions, thoughts, feelings, and behaviors. Based on principles of evidence-based practices that come together to formulate an overall understanding of trauma's effects on the body and mind, it is designed to produce self-awareness, patterns of responding to stress, and psychoeducation, which can lead to a shift in thinking, feeling, and behaving. Instead of guiding clients with basic processing, trauma-informed care works in conjunction with other treatment principles to get a handle on the underlying beliefs that drive our thinking, perceptions, and interpersonal relationships.

Autism Series: Session 3 - Autism and Sensory Integration

March 20, 2025

9:30 – 12:30

Patty Maxwell

\$65 – (includes LSW/CEU credits)

We hear the word “sensory” quite a bit when working with a child on the Autism Spectrum. Why does my child cover his ears? Why is my child banging her head? What exactly does “sensory” mean? This training will help professionals and families find the answers to some of these questions and gain a better understanding of the sensory processing system. We will look at why it plays such a big part in our lives and explore sensory integration techniques that may help your kiddo find more comfort and happiness.

** "NASW-PA Chapter is a co-sponsor of this workshop. 3 CEs will be awarded for completion of this course. NASW has been designated as a pre-approved provider of professional continuing education for social workers (Section 47.36), Marriage and Family Therapist (Section 48.36) and Professional Counselors (Section 49.36) by the PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselors."*

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The Complex Emotional Needs of Children Exposed to Parental Substance Misuse

April 22, 2025

9:30 – 12:30

Erin Troup

\$65 – (includes LSW/CEU credits)

Substance misuse, particularly the opioid crisis has brought the need for supports to an all-time high in Pennsylvania. This presentation focuses on the children who have been affected by multiple losses and changes because of parent or primary caregiver substance misuse. Children of all ages, including infants and toddlers, feel the losses and stressors and the communication of this stress presents as behavior. As a clinician who focuses on the social emotional supports and behaviors exhibited by children, I will discuss how these multiple traumas and losses are manifesting as well as what has been observed in terms of behavior following prenatal exposure. A request for those working with families and children to “hold the baby and the parent in mind” while supporting substance misuse is at the heart of this presentation.

Developing & Sustaining Dynamic Communication

March 11, 2025

9:30 – 12:30

John Amato

\$65 – (includes LSW/CEU credits)

Learn how to become a leader who explicitly articulates the vision of an organization and how the work of all employees fits with that vision. Develop the skills required to become someone who can be responsible for communicating effectively to the people they lead. Develop effective leadership skills, including learning about the critical role the leader plays in using, modeling and instructing employees how to effectively communicate within the team and how to hold all members accountable to sustaining this level of communication

Autism Series: Module 4 - Autism and Communication

April 29, 2025

9:30 – 12:30

Patty Maxwell

\$65 – (includes LSW/CEU credits)

Communication challenges have always been a large concern related to Autism. Communication is more than just words. In fact, communication is actually quite complex. In this presentation, we will define communication, explore different modes of communication, and try to figure out what the best fit is for your child. Parents and professionals will gain a better understanding of how to evaluate and assist with their child’s communication needs and explore specific techniques and interventions.

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Managing Difficult Conversations with Challenging Employees

May 9, 2025

9:30 – 12:30

John Amato

\$65 – (includes LSW/CEU credits)

As leaders, coaching our employees to succeed is one of our major responsibilities. While wishing it just entailed sharing positive feedback, we must also ensure our employees are meeting performance standards. Unfortunately, that often requires us to be responsible for managing difficult conversations along the way. We will explore some of the reasons for being uncomfortable with these conversations as well as discover methods for increasing our confidence in these skills. We will also understand the relationship these conversations have with an accountable team.

Autism Series: Module 5 - Autism and Medical Conditions Typically Associated with Autism

May 15, 2025

9:30 – 12:30

Patty Maxwell

\$65 – (includes LSW/CEU credits)

Navigating the world of Autism is not an easy task. We will take a look at some of the medical issues, conditions, and other diagnoses that a child with Autism could be facing. During this training we look at medication management as well as alternative approaches and the pro's and con's associated with these choices.

Reflective Supervision

May 21, 2025

9:30 – 12:30

John Amato

\$65 – (includes LSW/CEU credits)

While it is true that there's a growing recognition of the need for effective supervision to mitigate secondary traumatic stress (STS), there's still a lack of clear guidelines on what this supervision should entail. The STS Supervisory Competencies tool aims to fill this gap by providing a benchmark for the skills and knowledge needed to support staff at risk of STS. This tool not only defines its competencies but also directs organizations to resources that can help improve these areas. In this webinar we will identify key competencies, outlines the specific skills and knowledge areas crucial for supervisors to effectively support their staff. Resource tools will also be presented and reviewed.

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Autism Series: Session 6 - Autism and Supporting Families

June 18, 2024

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW credits)

Raising children is a full-time job. Raising a child with Autism can be even more intense! In this training we will look at different ways to not only support the child with Autism but also how to support their families so that they can thrive as a whole. We will dive into different types of supports, coping techniques and even discuss safety plans. We will look at the whole picture including education, health, safety, and future planning.

Women in Addiction and Recovery

June 13, 2025

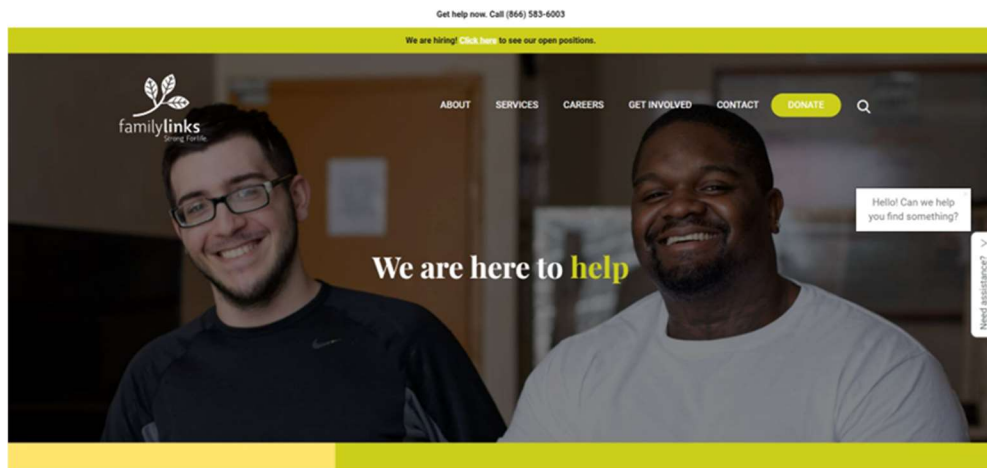
9:30 – 12:30

Lori Abbott

\$65 – (includes LSW/CEU credits)

Enhance your skills as a service provider for women confronting addiction and recovery. Discuss the myths and issues surrounding women and addiction and also discuss the specific needs of this population. Discover effective strategies for addressing those needs as we focus on barriers to treatment as well as the challenges women face in committing to recovery after treatment.

Visit our website: www.familylinks.org



New Registration Directions

Familylinks Training Institute is now using a new platform for registration and payment for our training offerings. To review the trainings and register:

1. Go to <https://familylinks.org/services/training-institute>
2. Click on the **Familylinks | Kindful** link.
3. On the left side of the screen, you can see information about our training offerings

Familylinks Trainings

Familylinks is proud to offer the following trainings:

4. Once you decide which training(s) you would like to register for, click on the **PAY** button

Frequency

One time



Recurring

Pay



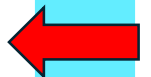
5. **IGNORE** the “Would you like to add an additional \$0.00 to cover transaction fees?” **Do not** check this box.

Would you like to add an additional \$0.00 to cover transaction fees?

6. On the left, scroll down the drop-down menu and select the training you would like to register for.

* Designate your Donation

No Selection



7. Complete the information/payment section on the right side of the page.

Billing Info

Already have an account? [Sign In](#) to speed up the process.

Enter a Payment Method

NOTE: If you want to register for more than one training course, repeat the directions from step #2.

You will receive a receipt directly in your email.

If you have any questions, please reach out to
training@familylinks.org.



Familylinks Training institute

About the Presenters:

Lori Abbott, MA, LPC

Lori is a Licensed Professional Counselor (LPC). She is an Associate Program Implementation Specialist in the Program Evaluation and Research Unit (PERU) of the University of Pittsburgh's School of Pharmacy. Within PERU, Ms. Abbott has worked across several programs providing technical assistance in establishing both SBIRT and Medication for Opioid Use Disorder (MOUD) in primary care and single county authority (SCA) settings. Additionally, Ms. Abbott has provided over 50 trainings to both PERU staff and stakeholders. Ms. Abbott has worked for over 25 years with children, adolescents, adults, and families experiencing both mental health and drug and alcohol issues. Ms. Abbott brings with her extensive history and expertise to both areas. Ms. Abbott has over 15 years of training experience with stakeholders and clinical staff. She has been able to utilize this expertise to provide clinical support to the PERU team and stakeholders.

John Amato, M.Ed.

John is a Senior Training Consultant at Familylinks. He has over 40 years of clinical, managerial, and training experience in social services. He is a certified trainer for the Pennsylvania Child Welfare Resource Center. Since 1994, John has delivered hundreds of workshops and has provided consultation and training in the areas of leadership, and team development. He has also provided trainings on chemical dependency and recovery and at-risk youth related issues. John earned his master's degree from the University of Pittsburgh in 1980. In February 2014, John became a Certified Situational Leadership Experience trainer. In October of 2015, he became a Predictive Index Analyst. In June of 2020 John earned his certification as a Modern Classroom Certified Virtual Trainer (MCCT).

Alissa Klugh MS, LPC, CIMHP, CCTP-II, CTMH

Alissa is a Licensed Professional Counselor (LPC). She owns and sees clients at Pittsburgh Psychotherapy Associates, LLC, in North Hills of Pittsburgh. As an alumnus of the University of Pittsburgh, she obtained her master's degree in Rehabilitation Counseling and a bachelor's degree in psychology with a minor in Biology. She is Certified as an Integrative Mental Health Provider, Telemental Health Professional, and Clinical Trauma Professional. Alissa recognizes the connection between the mind and body and uses this in practice. She is a Beachbody coach and Reiki Master (Level III). With over 16 years of experience in the mental health field, Alissa has worked with children, adolescents, adults, families, and couples on their growth and change. She has worked with individuals struggling with depression, anxiety, trauma, mood disorders, anger management, self-improvement, co-parenting after separation/divorce, working through major life stressors, and building self-esteem by helping them find a new path. Alissa has taken her many years of working in direct care, private practice, and managing a mental health program for individuals with severe mental health needs and applied it to her skill set to bring information-seekers a better understanding of trauma, vicarious trauma, and healing in practice.

Patty Maxwell, M.Ed., M.S., BS

Patty is a licensed Behavior Specialist (BSL) with over 20 years of experience working throughout the mental health field in various positions including wraparound, intensive case management, family based mental health services and Early Intervention. She is the owner of Engage Kidz LLC and currently supports children and families virtually, in-home, school and in communities. Patty also supports teachers and professionals by coaching them through tough behavioral challenges and offers small and large group trainings. Her various educational backgrounds and experiences have allowed her to work with a wide range of ages (birth through adulthood) and support an array of learning abilities including individuals with autism, learning disabilities, behavioral challenges, intellectual disabilities and emotional disorders.

Michael Palladini, RPh, MBA

Mike has over 20 years of work experience in hospital, retail, and long-term care pharmacy. He is currently the Director of the Institutional Pharmacy Technician Program at Bidwell Training Center. He has helped to develop and instruct in pharmacy technician programs, has been involved in action committees to address prescription drug abuse, and has been a certified trainer for PA Certification Board and the PA Department of Drug and Alcohol Programs for many years. He is the founder of Three Suns Publishing; a sole proprietorship developed to educate and inform interested parties in the areas of drug addiction. He has published 2 books: “Drugs of Abuse: From Doctors to Dealers, Users and Healers” and most recently, “Spellbound and Sensationless, A Drug War Vision.”

Erin Troup, LPC, NCC, CT, IMH-E (IV Clinical)

Erin is a Licensed Professional Counselor and the owner of Sprout Center for Emotional Growth and Development, LLC a private practice in Pittsburgh, PA specializing in early childhood social emotional needs, particularly attachment, grief & loss, trauma and anxiety. Erin earned her undergraduate degree in psychology and child development from Indiana University of Pennsylvania. She attended Chatham University for her MS in counseling and earned her Infant Mental Health Certificate in Pennsylvania’s first Infant Mental Health cohort. Erin has worked in the fields of Mental Health, Early Intervention and Behavioral Health service for over 15 years. She has presented on a variety of topics including mental health, grief and loss, social emotional and child development throughout the United States; but she calls Pittsburgh Pennsylvania home. She is the board secretary for The Pennsylvania Association for Infant Mental Health and a member of The Association for Death Education and Counseling. Erin also provides clinical and Reflective supervision for individuals seeking Licensure and Infant Mental Health Endorsement.

