

Familylinks Training institute



April / June 2023
Trainings

Managing Time Effectively (Virtual)

John Amato

April 7, 2023

9:30 – 12:30

\$60 – (includes LSW and PCB credits)

Discover new ways to manage yourself—and your time—to significantly reduce stress and feelings of being out of control. In today's busy world, it's easy to feel as if there are never enough hours in the day to complete tasks. Although time is not adaptable, human behavior can be changed. This session provides the tools needed to organize and simplify workloads.

Cognitive Behavioral Therapy (Live)

April 13, 2023

9:30 – 4:30

Klugh

\$120 – (includes LSW and PCB credits)

Enhance your knowledge and ability to influence clients' thinking to improve their functioning through Cognitive Behavioral Therapy (CBT). Learn more about CBT, a structured intervention approach that allows people to discover the effects that their thinking and perceptions have on their daily mood and behaviors. Based on principles of CBT, it is designed to produce cognitive change, which will lead to a shift in thinking, feeling, and behaving. Instead of guiding client with basic processing, CBT works to get a handle on the core beliefs that drive our thinking and perceptions.

Understanding & Preventing Harassment in the Workplace (Virtual)

April 21, 2023

9:30 – 12:30

Amato

\$60 – (includes LSW and PCB credits)

Discover how to deal with the main types of illegal harassment that occur in the workplace based on an employee's race or color, religion, national origin, or disability. Harassment training is not required under federal law, but it can play a critical role in people's ability to deal with it. While many states have enacted legislation specifically requiring sexual harassment training, none have mandatory training for other types of illegal harassment. Even if not required by law, court decisions, and Equal Employment Opportunity Commission (EEOC) Guidelines make clear that training for all types of harassment may be critical in raising a defense and avoiding punitive damages in harassment lawsuits. Learn what behaviors are associated with different types of harassment as well as effective ways to confronting and resolving them.

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Trainings (2)

Autism Series - Module 4: Autism and Communication (Virtual)

April 25, 2023

9:30 – 12:30

Maxwell

\$60 – (includes LSW and PCB credits)

Communication challenges have always been a large concern related to Autism. Communication is more than just words. In fact, communication is actually quite complex. In this presentation, we will define communication, explore different modes of communication, and try to figure out what the best fit is for your child. Parents and professionals will gain a better understanding of how to evaluate and assist with their child's communication needs and explore specific techniques and interventions.

Opioids and Opioid Use Disorder (Live)

April 26, 2023

9:30 – 4:30

Palladini

\$120 – (includes LSW and PCB credits)

The opioid use epidemic continues to claim fatalities annually, and the understanding of the risks and effects of these drugs remains vital to treating individuals with opioid use disorder (OUD) and saving lives. This training will familiarize attendees with the use of these medications, the risks, and benefits for those who use them, how opioids produce their therapeutic as well as addictive effects, and how treatment is utilized for those with a dependency. Trends, common drugs, and pharmacology will be reviewed.

Self-Care and the Practitioner (Virtual)

May 4, 2023

9:30 – 12:30

Amato

\$60 – (includes LSW and PCB credits)

If you were asked this simple question: “Do you take care of yourself?” probably most of us would instinctively answer “Yes, of course I do.” If asked a more specific question, such as “How do you take care of yourself?” – well, the response may get a bit more complicated. In essence, this is what self-care is; really anything that we deliberately do (or refrain from doing) with our own well-being in mind. It means giving ourselves the same grace, compassion, and care that we give to others. As critical as it is, it is also the one activity we say, “we never have time for.” This session will focus on why self – care is essential for practitioners, what happens to us if we do not practice it, and how to create a specific action plan that we will truly follow.

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Trainings (3)

Managing Conflict In The Workplace (Virtual)

May 17, 2023

9:30 – 12:30

Amato

\$60 – (includes LSW and PCB credits)

Examine common causes of workplace conflict and hone your ability to identify a variety of approaches to conflict resolution, creating a space where it is viewed as an opportunity for growth and change in a work environment. Strengthen your ability to solve problems or manage change, as this plays an important role in success. When conflict is unresolved, it takes on a life of its own and eventually produces damage that could have been prevented. To create a workplace where employees and business will thrive, a leader must develop effective conflict management skills.

Autism Series - Module 5: Autism and Medical Conditions Typically Associated with Autism (Virtual)

May 23, 2023

9:30 – 12:30

Maxwell

\$60 – (includes LSW and PCB credits)

Navigating the world of Autism is not an easy task. We will look at some of the medical issues, conditions, and other diagnoses that a child with Autism could be facing. During this training we look at medication management as well as alternative approaches and the pros and cons associated with these choices.

Essential Tools To Bring The "Super" To Supervision (Virtual)

June 6, 2023

9:30 – 12:30

Amato

\$60 – (includes LSW and PCB credits)

One of the most critical roles in organizations that challenge leaders today is the ability to effectively supervise employees. Simply telling people what to do does not guarantee success. It also does not guarantee a motivated workforce. Supervisors today know that a strong relationship with their employees is the critical foundation for helping employees do what is expected of them in a high-quality way. Oftentimes, however, supervisors are provided the least amount of training to develop the essential skills needed to be successful.

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Trainings (4)

Motivational Interviewing (Live)

June 16, 2023

9:30 – 4:30

Amato

\$120 – (includes LSW and PCB credits)

Hone your ability to influence clients to improve their own lives by allowing them to discover the strength they have within, using it as a core tool for motivation leading to success. Learn more about Motivational Enhancement Therapy, a systematic intervention approach that allows people to discover that personal, inner strength, which in turn builds personal motivation. Based on principles of motivational psychology, it is designed to produce rapid, personally motivated change. Instead of guiding or training a client through recovery in a step-by-step process, MET works to awaken the client's own strengths and resources to create positive change in their life.

Autism Series: Module 6 - Autism and Supporting Families (Virtual)

June 20, 2023

9:30 – 12:30

\$60 – (includes LSW and PCB credits)

Raising children is a full-time job. Raising a child with Autism can be even more intense! In this training we will look at different ways to not only support the child with Autism but also how to support their families so that they are able to thrive as a whole. We will dive into different types of supports, coping techniques and even discuss safety plans. We will look at the whole picture including education, health, safety, and future planning.

For registration information, email;
dmurphy@familylinks.org



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About the Presenters:

John Amato, M.Ed., is the Director of Training and Consultation Services at Familylinks. He has 40 years of clinical, managerial, and training experience in social services. He is a certified trainer for the Pennsylvania Child Welfare Resource Center. Since 1994, John has delivered hundreds of workshops and has provided consultation and training in the areas of leadership, and team development. He has also provided trainings on chemical dependency and recovery and at-risk youth related issues. John earned his master's degree from the University of Pittsburgh in 1980. In February 2014, John became a Certified Situational Leadership Experience trainer. In October of 2015, he became a Predictive Index Analyst. In June of 2020 John earned his certification as a Modern Classroom Certified Virtual Trainer (MCCT).

Alissa Klugh MS, LPC, CIMHP, CCTP-II, CTMH, is a Licensed Professional Counselor (LPC). She owns and sees clients at Pittsburgh Psychotherapy Associates, LLC, in the North Hills of Pittsburgh. As an alumnus of the University of Pittsburgh, she obtained her master's degree in Rehabilitation Counseling and a bachelor's degree in Psychology with a minor in Biology. She is Certified as an Integrative Mental Health Provider, Telemental Health Professional, and Clinical Trauma Professional. Alissa recognizes the connection between the mind and body and uses this in practice. She is a Beachbody coach and Reiki Master (Level III). With over 16 years of experience in the mental health field, Alissa has worked with children, adolescents, adults, families, and couples on their growth and change. She has worked with individuals struggling with depression, anxiety, trauma, mood disorders, anger management, self-improvement, co-parenting after separation/divorce, working through major life stressors, and building self-esteem by helping them find a new path. Alissa has taken her many years of working in direct care, private practice, and managing a mental health program for individuals with severe mental health needs and applied it to her skill set to bring information-seekers a better understanding of trauma, vicarious trauma, and healing in practice.

Patty Maxwell, M.Ed., M.S., BSL, is a licensed Behavior Specialist (BSL) with over 20 years of experience working throughout the mental health field in various positions including wraparound, intensive case management, family based mental health services and Early Intervention. She is the owner of Engage Kidz LLC and currently supports children and families virtually, in-home, school and in communities. Patty also supports teachers and professionals by coaching them through tough behavioral challenges and offers small and large group trainings. Her various educational background and experiences have allowed her to work with a wide range of ages (birth through adulthood) and supporting an array of learning abilities including individuals with autism, learning disabilities, behavioral challenges, intellectual disabilities and emotional disorders.

Michael Palladini, RPh, MBA, has over 20 years of work experience in hospital, retail, and long-term care pharmacy. He is currently the Clinical Educator at Alosa Health. He has helped to develop and instruct in pharmacy technician programs, has been involved in action committees to address prescription drug abuse, and has been a certified trainer for PA Certification Board and the PA Department of Drug and Alcohol Programs for many years. He is the founder of Three Suns Publishing; a sole proprietorship developed to educate and inform interested parties in the areas of drug addiction. He has published 2 books: "Drugs of Abuse: From Doctors to Dealers, Users and Healers" and most recently, "Spellbound and Sensationless, A Drug War Vision."