

# Familylinks Training Institute

July/September  
2021 Webinars



## **The Impact Of Stigma On Consumers With Behavioral Health Disorders**

**July 16, 2021**

**9:30 – 12:30**

**Lori Abbott**

**\$60 – (includes LSW and PCB credits)**

Develop an awareness of research related to the adverse effects of internal and external stigma on consumers with behavioral health disorders. Gain clarity on the definition and recognize strategies for identifying and avoiding stigmatizing language. Understand how our perceptions and attitudes may have an adverse impact on consumers. Learn tools to eliminate stigmatizing language and activities within healthcare settings and review the use of the recovery process for those with behavioral health disorders. This will include use of recovery-oriented language when discussing these disorders.

## **SOGIE**

**August 25, 2021**

**9:30 – 12:30**

**Melissa Perkins**

**\$60 – (includes LSW and PCB credits)**

This training is designed to increase knowledge of the sexual identity and gender identity continuums beyond the binary. The training begins with a discussion of importance of name and pronoun usage. Participants will learn about sexual and gender identities, and about the coming out process for both. The process of transitioning, which is not “one size fits all” will be discussed. Lastly, best practice for creating a welcoming and affirming environment will be reviewed.

## **Understanding And Managing Harassment In The Workplace**

**September 8, 2021**

**9:30 – 12:30**

**John Amato**

**\$60 – (includes LSW and PCB credits)**

Discover how to deal with the main varieties of illegal harassment that occur in the workplace based on an employee’s race or color, religion, national origin, or disability. Harassment training is not required under federal law, but it can play a critical role in people’s ability to deal with it. While many states have enacted legislation specifically requiring sexual harassment training, none have mandatory training for other types of illegal harassment. Even if not required by law, court decisions, and Equal Employment Opportunity Commission (EEOC) Guidelines make clear that training for all types of harassment may be critical in raising a defense and avoiding punitive damages in harassment lawsuits. Learn what behaviors are associated with different types of harassment as well as effective ways to confronting and resolving them.

For registration information, email; [dmurphy@familylinks.org](mailto:dmurphy@familylinks.org)



# Familylinks

## Training Institute

July/September 2021  
Webinars (2)



### **Building Attachment and Attunement Techniques to Support Infant and Early Childhood Mental Health Work**

**Part 1 - September 22, 2021, 9:30 – 12:30**

**Part 2 – September 29, 2021, 1:30 – 4:30**

**Erin Troup**

**\$120 – (includes LSW and PCB credits)**

This presentation will look closely at ports of entry where home visitors can support building attachment and attunement with parents and their children. “Tools for the toolbox” will be demonstrated and discussed to allow participants to think more deeply about how everyday interactions they already have can be used in different ways to support the parent-child dyad. New strategies and deep dives into difficult interactions will be discussed and supported.

### **Leadership & Managing Change**

**September 28, 2021**

**9:30 – 12:30**

**John Amato**

**\$60 – (includes LSW and PCB credits)**

Learn how to lead an organization effectively amid significant change. The typical response to this transformation is resistance on the part of employees and leaders can inadvertently add to this resistance. This session will provide leaders with the skills to provoke organizational change and become “change agents” within their workplace.

For registration information, email; [dmurphy@familylinks.org](mailto:dmurphy@familylinks.org)

# Familylinks Training Institute

## About the Presenters



**Lori Abbott MA, LPC** is a Licensed Professional Counselor (LPC). She is an Associate Program Implementation Specialist in the Program Evaluation and Research Unit (PERU) of the University of Pittsburgh's School of Pharmacy. Within PERU, Ms. Abbott has worked across several programs providing technical assistance in establishing both SBIRT and Medication for Opioid Use Disorder (MOUD) in primary care and single county authority (SCA) settings. Additionally, Ms. Abbott has provided over 50 trainings to both PERU staff and stakeholders. Ms. Abbott has worked for over 25 years with children, adolescents, adults, and families experiencing both mental health and drug and alcohol issues. Ms. Abbott brings with her extensive history and expertise to both of these areas. Ms. Abbott has over 15 years of training experience with stakeholders and clinical staff. She has been able to utilize this expertise to provide clinical support to the PERU team and stakeholders.

**John Amato**, MEd, is the Director of Training and Consultation Services at Familylinks. He has 40 years of clinical, managerial and training experience in social services. He is a certified trainer for the Pennsylvania Child Welfare Resource Center. Since 1994, John has delivered hundreds of workshops and has provided consultation and training in the areas of leadership, and team development. He has also provided trainings on chemical dependency and recovery and at-risk youth related issues. John earned his Master's degree from the University of Pittsburgh in 1980. In February, 2014, John became a Certified Situational Leadership Experience trainer. In October of 2015, he became a Predictive Index Analyst. In June of 2020 John earned his certification as a Modern Classroom Certified Virtual Trainer (MCCT).

**Melissa Perkins, MEd, MPPM** has over 25 years of experience working in social services. She has provided direct care to adolescent youth in residential programs; managed a youth residential program; provided individual mental health and drug and alcohol therapy; provided drug and alcohol group therapy; facilitated court ordered Batterer's Intervention Groups; and, most recently she has focused on providing training focusing on LGBTQ+ issues. Melissa holds two Master Degrees; one in Education (Counseling) from Duquesne University and the other in Public Policy Management from the University of Pittsburgh.

**Erin Troup, LPC, NCC, CT, IMH-E (IV-C)<sup>®</sup>** is a Licensed Professional Counselor and the owner of Sprout Center for Emotional Growth and Development, LLC a private practice in Pittsburgh, PA specializing in early childhood social emotional needs, particularly attachment, grief & loss, trauma and anxiety. Erin earned her undergraduate degree in psychology and child development from Indiana University of Pennsylvania. She attended Chatham University for her MS in counseling and earned her Infant Mental Health Certificate in Pennsylvania's first Infant Mental Health cohort. Erin has worked in the fields of Mental Health, Early Intervention and Behavioral Health service for over 15 years. She has presented on a variety of topics including mental health, grief and loss, social emotional and child development throughout the United States; but she calls Pittsburgh Pennsylvania home. She is the board secretary for The Pennsylvania Association for Infant Mental Health and a member of The Association for Death Education and Counseling. Erin also provides clinical and Reflective supervision for individuals seeking Licensure and Infant Mental Health Endorsement.

For registration information, email; [dmurphy@familylinks.org](mailto:dmurphy@familylinks.org)