



Familylinks

Training Institute

January/March 2022 Trainings



DSM V Series:

Session #7 - Trauma and Stressor Related Disorders (Virtual)

January 7, 2022

12:00 – 1:30

Lauren Pulinka

\$30 – (includes LSW and PCB credits)

This session will discuss the trauma/stressor disorders that are triggered by a traumatic or stressful event and followed by excessive symptoms. Focus of this session will be on Post-Traumatic Stress Disorder and Adjustment Disorder.

Managing and Preventing Harassment in the Workplace (Virtual)

January 14, 2022

9:30 – 12:30

John Amato

\$60 – (includes LSW and PCB credits)

Discover how to deal with the variety of illegal harassments that occur in the workplace based on an employee's race or color, religion, national origin, or disability. Harassment training is not required under federal law, but it can play a critical role in people's ability to deal with it. While many states have enacted legislation specifically requiring sexual harassment training, none have mandatory training for other types of illegal harassment. Even if not required by law, court decisions, and Equal Employment Opportunity Commission (EEOC) Guidelines make clear that training for all types of harassment may be critical in raising a defense and avoiding punitive damages in harassment lawsuits. Learn what behaviors are associated with different types of harassment as well as effective ways to confronting and resolving them.

Autism Series:

Module 1 - Autism and the Types of Services Available for Educators & Families (Virtual)

January 19, 2022

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW and PCB credits)

There is no "one size fits all" when it comes to Autism. This training will support educators and families to better understand the many types of services and interventions available for children diagnosed on the Autism Spectrum. We will dive into specific examples with discussions and support what best suits kids of all developmental levels and ages. Participants will gain a better understanding of the many faces of autism and take a closer look into numerous options available for treatments with educational and home-based services.

For registration information, email; dmurphy@familylinks.org



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January/March 2022 Trainings (2)



DSM V Series:

Session #8 - Substance Use Disorders (Virtual)

January 24, 2022

12:00 – 1:30

Lauren Pulinka

\$30 – (includes LSW and PCB credits)

This session will include a brief overview of the criteria for substance use disorders. These disorders are almost always comorbid with another behavioral health diagnosis.

Ethics (In Person Training)

January 27, 2022

9:30 – 12:30

Mike Palladini

\$60 – (includes LSW and PCB credits)

This training will address ethical considerations in addiction and Mental Health treatment. In protecting the client, the agency and the counselor from litigation, the counselor must have knowledge and understanding of State and Federal laws and regulations governing treatment of the client. The PA Certification Board and National Association of Social Workers Code of Ethics will be reviewed, as well as general concerns about counselor/client limitations and boundaries.

Suicide: Prevalence, Prevention, and Intervention (In Person Training)

January 27, 2022

1:00 – 4:00

John Amato

\$60 – (includes LSW and PCB credits)

Research published from the U.S. Center for Disease Control and Prevention (CDC) found that suicide rates increased by 25 percent across the country over nearly two decades. More than half of those who died by suicide had not been diagnosed with a mental health condition, CNN reported. Carefully review medical records and conversations with family members of the victims, this study also reveals that 90 percent had evidence of a mental health condition. In this training, participants will gain an understanding of many of the factors that contribute to suicide, including risk and protective factors, warning signs, and lethality. Assessment and intervention strategies will also be discussed.

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Familylinks Training Institute

January/March
2022 Trainings (3)



DSM V Series:

Session #9 - Schizophrenia Spectrum Disorders (Virtual)

February 7, 2022

12:00 – 1:30

Lauren Pulinka

\$30 – (includes LSW and PCB credits)

This session will review Schizophrenia and Psychosis Spectrum Disorders with a focus on Schizophrenia and Schizoaffective. Primary symptoms of this spectrum such as Delusions and Hallucinations will be reviewed.

Leadership Series:

Essential Tools To Bring The "Super" To Supervision (Virtual)

February 10, 2022

9:30 - 12:30

John Amato

\$60 – (includes LSW and PCB credits)

One of the most critical roles in organizations that challenge leaders today is the ability to effectively supervise employees. Simply telling people what to do does not guarantee success. It also does not guarantee a motivated workforce. Supervisors today know that a strong relationship with their employees is the critical foundation for help employees do what is expected of them in a high-quality way. Oftentimes, however, supervisors are provided the least amount of training to develop the essential skills needed to be successful.

Autism Series:

Module 2 - Autism and Behavioral Techniques (Virtual)

February 22, 2022

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW and PCB credits)

The word “behavior” seems to almost always be paired with Autism. Behavior serves a purpose! Typically, behaviors are for communication or lack thereof, attention, or escape. During this training we will look deeper at behavior by defining it, explore different types of behavior, and look at some behavioral techniques that may help decrease the frequency of behaviors

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January/March 2022 Trainings (4)



DSM V Series:

Session #10 - Personality Disorders (Virtual)

February 25, 2022

12:00 – 1:30

Lauren Pulinka

\$30 – (includes LSW and PCB credits)

This session will explore the criteria for personality disorders which are characterized by “an enduring pattern of inner experience that deviates markedly from the expectations.” Characteristics for each cluster will be reviewed with a focus on Cluster B Disorders.

Motivational Interviewing (Virtual)

Part 1 – March 21, 2022,

Part 2 – March 28, 2022

9:30 – 12:30

John Amato

\$120 – (includes LSW and PCB credits)

Hone your ability to influence clients to improve their own lives by allowing them to discover the strength they have within, using it as a core tool for motivation leading to success. Learn more about Motivational Enhancement Therapy, a systematic intervention approach that allows people to discover that personal, inner strength, which in turn builds personal motivation. Based on principles of motivational psychology, it is designed to produce rapid, personally motivated change. Instead of guiding or training a client through recovery in a step-by-step process, MET works to awaken the client’s own strengths and resources to create positive change in their life.

Autism Series:

Session 3 - Autism and Sensory Integration (Virtual)

March 23, 2022

9:30 – 12:30

\$60 – (includes LSW and PCB credits)

We hear the word “sensory” quite a bit when working with a child on the Autism Spectrum. Why does my child cover his ears? Why is my child banging her head? What exactly does “sensory” mean? This training will help professionals and families find the answers to some of these questions and gain a better understanding of the sensory processing system. We will look at why it plays such a big part in our lives and explore sensory integration techniques that may help your kiddo find more comfort and happiness.

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About the Presenters

John Amato, M.Ed., is the Director of Training and Consultation Services at Familylinks. He has over 40 years of clinical, managerial, and training experience in social services. He is a certified trainer for the Pennsylvania Child Welfare Resource Center. Since 1994, John has delivered hundreds of workshops and has provided consultation and training in the areas of leadership, and team development. He has also provided trainings on chemical dependency and recovery and at-risk youth related issues. John earned his master's degree from the University of Pittsburgh in 1980. In February 2014, John became a Certified Situational Leadership Experience trainer. In October of 2015, he became a Predictive Index Analyst. In June of 2020 John earned his certification as a Modern Classroom Certified Virtual Trainer (MCCT).

Patty Maxwell is a licensed Behavior Specialist (BSL) with over 20 years of experience working throughout the mental health field in various positions including wraparound, intensive case management, family based mental health services and Early Intervention. She is the owner of Engage Kidz LLC and currently supports children and families virtually, in-home, school and in communities. Patty also supports teachers and professionals by coaching them through tough behavioral challenges and offers small and large group trainings. Her various educational background and experiences have allowed her to work with a wide range of ages (birth through adulthood) and supporting an array of learning abilities including individuals with autism, learning disabilities, behavioral challenges, intellectual disabilities and emotional disorders.

Lauren Pulinka, LCSW, is the Program Manager in Behavioral Health at Familylinks. She completed her Undergraduate degree in Psychology and Interpersonal Communication from the University of Delaware and went onto complete her master's in social work at University of Pittsburgh, specializing in Direct Practice with individuals with mental health issues. During her therapeutic career, she has worked with children in their homes, adults with mental health and substance use disorders and adults in an Acute Partial Hospitalization Program. As a manager, she has overseen outpatient psychiatric clinics, substance use programs and residential programs for adults. Currently at Familylinks, she is a Program Manager in Behavioral Health, overseeing School-Based Therapy, Therapeutic Classroom Management programs and Mobile Mental Health.

regarding "Families First: Implementation of a Care Coordination Program to Enhance the Outcomes of Children with Special Needs."

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