

Familylinks Training Institute

April / June
2022 Trainings



Autism Series:

Autism and Sensory Integration (Virtual)

3/23/2022

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW and PCB credits)

We hear the word “sensory” quite a bit when working with a child on the Autism Spectrum. Why does my child cover his ears? Why is my child banging her head? What exactly does “sensory” mean? This training will help professionals and families find the answers to some of these questions and gain a better understanding of the sensory processing system. We will look at why it plays such a big part in our lives and explore sensory integration techniques that may help your kiddo find more comfort and happiness

Leadership Series:

Supervising in A Remote Environment (Virtual)

4/18/2022

9:30 – 12:30

John Amato

\$60 – (includes LSW and PCB credits)

In response to the uncertainties presented by Covid-19, many organizations have asked their employees to work remotely. Rapidly changing directives and recommendations have left many employees — and their managers — working out of the office and separated from each other for the first time. Many organizations do not have clear remote-work policies as this current crisis or other rapidly changing circumstances have left this level of preparation unfeasible. Fortunately, there are specific, research-based steps that managers can take to improve the engagement and productivity of remote employees, even when there is little time to prepare. This webinar will explore some of the emerging best practices to help bridge the gap in remote supervision.

Autism Series:

Autism and Communication (Virtual)

4/20/2022

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW and PCB credits)

Communication challenges have always been a large concern related to Autism. Communication is more than just words. In fact, communication is actually quite complex. In this presentation, we will define communication, explore different modes of communication, and try to figure out what the best fit is for your child. Parents and professionals will gain a better understanding of how to evaluate and assist with their child’s communication needs and explore specific techniques and interventions.

For registration information, email; dmurphy@familylinks.org

Familylinks Training Institute

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2022 Trainings (2)



New! Play-Based Activities for Regulating Behaviors (Live at Familylinks, 601 Highland Ave)

4/28/2022

9:30 – 12:30

Erin Troup & Patty Maxwell

\$60 – (includes LSW and PCB credits)

In this training learn specific interventions, strategies, and activities to use with children to help them regulate their BIG emotions in those LITTLE bodies. Autism, ADHD, and Anxiety are just a few of the specific areas we will be brainstorming about so that attendees will walk away with more tools in their toolbox of behavioral interventions. We will also look at how to engage the families of these children so that they are able to understand and utilize these ideas daily.

Self-Care and the Practitioner (Virtual)

5/11/2022

9:30 – 12:30

John Amato

\$60 – (includes LSW and PCB credits)

If you were asked this simple question: “Do you take care of yourself?” probably most of us would instinctively answer “Yes, of course I do.” If asked a more specific question, such as “How do you take care of yourself?” – well, the response may get a bit more complicated. In essence, this is what self-care is really anything that we deliberately do (or refrain from doing) with our own well-being in mind. It means giving ourselves the same grace, compassion, and care that we give to others. As critical as it is, it is also the one activity we say “we never have time for.” This session will focus on why self – care is essential for practitioners, what happens to us if we do not practice it, and how to create a specific action plan that we will truly follow.

Managing and Preventing Harassment in the Workplace (Virtual)

5/13/2022

9:30 – 12:30

John Amato

\$60 – (includes LSW and PCB credits)

Discover how to deal with the variety of illegal harassments that occur in the workplace based on an employee’s race or color, religion, national origin, or disability. Harassment training is not required under federal law, but it can play a critical role in people’s ability to deal with it. While many states have enacted legislation specifically requiring sexual harassment training, none have mandatory training for other types of illegal harassment. Even if not required by law, court decisions, and Equal Employment Opportunity Commission (EEOC) Guidelines make clear that training for all types of harassment may be critical in raising a defense and avoiding punitive damages in harassment lawsuits. Learn what behaviors are associated with different types of harassment as well as effective ways to confronting and resolving them.

For registration information, email; dmurphy@familylinks.org

Familylinks Training Institute

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2022 Trainings (3)



Autism Series:

Autism And Medical Conditions Typically Associated With Autism (Virtual)

5/19/2022

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW and PCB credits)

Navigating the world of Autism is not an easy task. We will take a look at some of the medical issues, conditions, and other diagnoses that a child with Autism could be facing. During this training we look at medication management as well as alternative approaches and the pro's and con's associated with these choices.

Positive Discipline for Managers (VIRTUAL)

6/1/2022

9:30 – 12:30

John Amato

\$60 – (includes LSW and PCB credits)

Develop ways to implement positive actions to reinforce or create the outcome you are looking for from your employees. Traditional methods of discipline have been found to create more problems—hostility, lower morale, lower performance, and an eventual termination. This, problem-solving, results-oriented method for holding people accountable without the use of threat or negative punishment is changing the way employees and workplaces grow and evolve.

Managing Time Effectively (Virtual)

6/14/2022

9:30 – 12:30

John Amato

\$60 – (includes LSW and PCB credits)

Discover new ways to manage yourself—and your time—in order to significantly reduce stress and feelings of being out of control. In today's busy world, it's easy to feel as if there are never enough hours in the day to complete tasks. Although time is not adaptable, human behavior can be changed. This session provides the tools needed to organize and simplify workloads

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Familylinks Training Institute

April / June
2022 Trainings (4)



Autism Series:

Autism and Supporting Families (Virtual)

6/16/2022

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW and PCB credits)

Raising children is a full-time job. Raising a child with Autism can be even more intense! In this training we will look at different ways to not only support the child with Autism but also how to support their families so that they are able to thrive as a whole. We will dive into different types of supports, coping techniques and even discuss safety plans. We will look at the whole picture including education, health, safety and future planning.

Leadership and Managing Change (Virtual)

6/20/2022

9:30 – 12:30

John Amato

\$60 – (includes LSW and PCB credits)

Learn how to lead an organization effectively amid significant change. The typical response to this transformation is resistance on the part of employees and leaders can inadvertently add to this resistance. This session will provide leaders with the skills to provoke organizational change and become “change agents” within their workplace.

The Impact Of Stigma On Consumers With Behavioral Health Disorders (Virtual)

6/24/2022

9:30 – 12:30

Lori Abbott

\$60 – (includes LSW and PCB credits)

Develop an awareness of research related to the adverse effects of internal and external stigma on consumers with behavioral health disorders. Gain clarity on the definition and recognize strategies for identifying and avoiding stigmatizing language. Understand how our perceptions and attitudes may have an adverse impact on consumers. Learn tools to eliminate stigmatizing language and activities within healthcare settings and review the use of the recovery process for those with behavioral health disorders. This will include use of recovery-oriented language when discussing these disorders.

For registration information, email; dmurphy@familylinks.org

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About the Presenters



Lori Abbott is a Licensed Professional Counselor (LPC). She is an Associate Program Implementation Specialist in the Program Evaluation and Research Unit (PERU) of the University of Pittsburgh's School of Pharmacy. Within PERU, Ms. Abbott has worked across several programs providing technical assistance in establishing both SBIRT and Medication for Opioid Use Disorder (MOUD) in primary care and single county authority (SCA) settings. Additionally, Ms. Abbott has provided over 50 trainings to both PERU staff and stakeholders. Ms. Abbott has worked for over 25 years with children, adolescents, adults, and families experiencing both mental health and drug and alcohol issues. Ms. Abbott brings with her extensive history and expertise to both of these areas. Ms. Abbott has over 15 years of training experience with stakeholders and clinical staff. She has been able to utilize this expertise to provide clinical support to the PERU team and stakeholders.

John Amato, M.Ed., is the Director of Training and Consultation Services at Familylinks. He has over 40 years of clinical, managerial, and training experience in social services. He is a certified trainer for the Pennsylvania Child Welfare Resource Center. Since 1994, John has delivered hundreds of workshops and has provided consultation and training in the areas of leadership, and team development. He has also provided trainings on chemical dependency and recovery and at-risk youth related issues. John earned his master's degree from the University of Pittsburgh in 1980. In February 2014, John became a Certified Situational Leadership Experience trainer. In October of 2015, he became a Predictive Index Analyst. In June of 2020 John earned his certification as a Modern Classroom Certified Virtual Trainer (MCCT).

Patty Maxwell is a licensed Behavior Specialist (BSL) with over 20 years of experience working throughout the mental health field in various positions including wraparound, intensive case management, family based mental health services and Early Intervention. She is the owner of Engage Kidz LLC and currently supports children and families virtually, in-home, school and in communities. Patty also supports teachers and professionals by coaching them through tough behavioral challenges and offers small and large group trainings. Her various educational background and experiences have allowed her to work with a wide range of ages (birth through adulthood) and supporting an array of learning abilities including individuals with autism, learning disabilities, behavioral challenges, intellectual disabilities and emotional disorders.

Erin Troup is a Licensed Professional Counselor and the owner of Sprout Center for Emotional Growth and Development, LLC a private practice in Pittsburgh, PA specializing in early childhood social emotional needs, particularly attachment, grief & loss, trauma and anxiety. Erin earned her undergraduate degree in psychology and child development from Indiana University of Pennsylvania. She attended Chatham University for her MS in counseling and earned her Infant Mental Health Certificate in Pennsylvania's first Infant Mental Health cohort. Erin has worked in the fields of Mental Health, Early Intervention and Behavioral Health service for over 15 years. She has presented on a variety of topics including mental health, grief and loss, social emotional and child development throughout the United States; but she calls Pittsburgh Pennsylvania home. She is the board secretary for The Pennsylvania Association for Infant Mental Health and a member of The Association for Death Education and Counseling. Erin also provides clinical and Reflective supervision for individuals seeking Licensure and Infant Mental Health Endorsement.