

Familylinks Training Institute

January / June 2024
Trainings



Ethics (V)

January 12, 2024

9:30 – 12:30

Mike Palladini

\$60 – (includes LSW credits)

This training will address ethical considerations in addiction and Mental Health treatment. In protecting the client, the agency and the counselor from litigation, the counselor must have knowledge and understanding of State and Federal laws and regulations governing treatment of the client. The PA Certification Board and National Association of Social Workers Code of Ethics will be reviewed, as well as general concerns about counselor/client limitations and boundaries.

Suicide: Prevalence, Prevention, and Intervention (V)

January 12, 2024

1:00 – 4:00

John Amato

\$60 – (includes LSW and PCB credits)

Research published from the U.S. Center for Disease Control and Prevention (CDC) found that suicide rates increased by 25 percent across the country over nearly two decades. More than half of those who died by suicide had not been diagnosed with a mental health condition, CNN reported. Carefully review medical records and conversations with family members of the victims, this study also reveals that 90 percent had evidence of a mental health condition. In this training, participants will gain an understanding of many of the factors that contribute to suicide, including risk and protective factors, warning signs, and lethality. Assessment and intervention strategies will also be discussed.

Autism Series:

Module 1 - Autism and the Types of Services Available for Educators and Families (V)

January 23, 2024

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW credits)

There is no “one size fits all” when it comes to Autism. This training will support educators and families to better understand the many types of services and interventions available for children diagnosed on the Autism Spectrum. We will dive into specific examples with discussions and support what best suits kids of all developmental levels and ages. Participants will gain a better understanding of the many faces of autism and take a closer look into numerous options available for treatments with educational and home-based services.

Familylinks Training Institute

January / June 2024
Trainings (2)



Where to Begin with Some of the Most Challenging Families We Work With (Virtual)

January 30, 2024

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW credits)

Have you ever felt completely at a loss when starting to work with a new family? Working with families can be difficult and draining, especially for a challenging family. During this training we will take a step back to some of the basics. Relationship building, listening skills, boundaries, and self-advocacy for our families and for ourselves are just a few of the topics we will dive into during this presentation. Baby steps are steps and sometimes we forget to celebrate these wins when working with families in this field.

Leadership Series:

Leadership and Emotional Intelligence

February 15, 2024

9:30 – 12:30

John Amato

\$60 – (includes LSW credits)

Tune into the importance of emotional intelligence and interpersonal relationships in the workplace. Connecting with colleagues and employees on a genuine level is a direct result of high emotional intelligence and leads to better working relationships. Find out how self-awareness, social awareness, self-management, and social skills influence the way people handle themselves and their relationships. Also, discover how these strengths play a bigger role than cognitive intelligence in determining success in life and in work, as studied by Daniel Goleman, author of Emotional Intelligence and other writings on this subject.

Autism Series:

Module 2 - Autism and Behavioral Techniques

February 20, 2024

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW credits)

The word “behavior” seems to almost always be paired with Autism. Behavior serves a purpose! Typically, behaviors are for communication or lack thereof, attention, or escape. During this training we will look deeper at behavior by defining it, explore different types of behavior, and look at some behavioral techniques that may help decrease the frequency of behaviors.

For registration information, email: training@familylinks.org

Familylinks Training Institute

January / June 2024
Trainings (3)



Children and Trauma (V)

March 5, 2024

9:30 – 12:30

Patty Maxwell & Erin Troup

\$60 – (includes LSW credits)

In this presentation we take a closer look at the effects of trauma on young children and how to understand “age-appropriate behaviors” vs “trauma-related behaviors.” We will give concrete techniques and strategies to better help and understand how to guide a child and family who have experienced trauma.

Autism Series:

Session 3 - Autism and Sensory Integration (V)

March 19, 2024

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW credits)

We hear the word “sensory” quite a bit when working with a child on the Autism Spectrum. Why does my child cover his ears? Why is my child banging her head? What exactly does “sensory” mean? This training will help professionals and families find the answers to some of these questions and gain a better understanding of the sensory processing system. We will look at why it plays such a big part in our lives and explore sensory integration techniques that may help your kiddo find more comfort and happiness.

Understanding & Preventing Harassment in the Workplace (V)

March 22, 2024

9:30 – 12:30

John Amato

\$60 – (includes LSW credits)

Discover how to deal with the main types of illegal harassment that occur in the workplace based on an employee’s race or color, religion, national origin, or disability. Harassment training is not required under federal law, but it can play a critical role in people’s ability to deal with it. While many states have enacted legislation specifically requiring sexual harassment training, none have mandatory training for other types of illegal harassment. Even if not required by law, court decisions, and Equal Employment Opportunity Commission (EEOC) Guidelines make clear that training for all types of harassment may be critical in raising a defense and avoiding punitive damages in harassment lawsuits. Learn what behaviors are associated with different types of harassment as well as effective ways to confront and resolve them.

Familylinks Training Institute

January / June 2024
Trainings (4)



Ethical Considerations for Home Visitors (V)

April 11, 2024

9:30 – 12:30

Erin Troup

\$60 – (includes LSW credits)

This presentation focuses on looking at the boundaries, Ethics and dual relationships that occur within home visiting and community support programs. Often the deep relationships that are formed with home visiting work tend to have folks in a bind and finding themselves within a lot of challenges that can become problems if not addressed adequately. Real- life in the field examples and discussion is infused into this 3-hour training to help professionals “stay in their lane” and still feel effective in providing great care.

Autism Series:

Module 4 - Autism and Communication (V)

April 25, 2023

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW credits)

Communication challenges have always been a large concern related to Autism. Communication is more than just words. In fact, communication is actually quite complex. In this presentation, we will define communication, explore different modes of communication, and try to figure out what the best fit is for your child. Parents and professionals will gain a better understanding of how to evaluate and assist with their child’s communication needs and explore specific techniques and interventions.

Managing Difficult Conversations with Challenging Employees (V)

May 9, 2024

9:30 – 12:30

John Amato

\$60 – (includes LSW credits)

As leaders, coaching our employees to succeed is one of our major responsibilities. While wishing it just entailed sharing positive feedback, we must also ensure our employees are meeting performance standards. Unfortunately, that often requires us to be responsible for managing difficult conversations along the way. We will explore some of the reasons for being uncomfortable with these conversations as well as discover methods for increasing our confidence in these skills. We will also understand the relationship these conversations have with an accountable team.

For registration information, email: training@familylinks.org

Familylinks Training Institute

January / June 2024
Trainings (5)



Women in Addiction and Recovery (V)

May 17, 2024

9:30 – 12:30

Lori Abbott

\$60 – (includes LSW credits)

Enhance your skills as a service provider for women confronting addiction and recovery. Discuss the myths and issues surrounding women and addiction and also discuss the specific needs of this population. Discover effective strategies for addressing those needs as we focus on barriers to treatment as well as the challenges women face in committing to recovery after treatment.

Autism Series:

Module 5 - Autism and Medical Conditions Typically Associated with Autism

May 21, 2024

Patty Maxwell

9:30 – 12:30

Navigating the world of Autism is not an easy task. We will take a look at some of the medical issues, conditions, and other diagnoses that a child with Autism could be facing. During this training we look at medication management as well as alternative approaches and the pro's and con's associated with these choices.

Understanding & Preventing Harassment in the Workplace (V)

June 14, 2024

9:30 – 12:30

John Amato

\$60 – (includes LSW credits)

(*SEE PAGE 3 FOR DESCRIPTION)

Autism Series:

Session 6 - Autism and Supporting Families

June 18, 2024

9:30 – 12:30

Patty Maxwell

\$60 – (includes LSW credits)

Raising children is a full-time job. Raising a child with Autism can be even more intense! In this training we will look at different ways to not only support the child with Autism but also how to support their families so that they can thrive as a whole. We will dive into different types of supports, coping techniques and even discuss safety plans. We will look at the whole picture including education, health, safety, and future planning.



Visit our website:
www.familylinks.org

**All In Person Trainings will be held at:
The Familylinks Training Center
401 North Highland Avenue
Pittsburgh Pa, 15206**

For registration information, email:
training@familylinks.org



Familylinks Training institute

About the Presenters:

Lori Abbott, MA, LPC

Lori is a Licensed Professional Counselor (LPC). She is an Associate Program Implementation Specialist in the Program Evaluation and Research Unit (PERU) of the University of Pittsburgh's School of Pharmacy. Within PERU, Ms. Abbott has worked across several programs providing technical assistance in establishing both SBIRT and Medication for Opioid Use Disorder (MOUD) in primary care and single county authority (SCA) settings. Additionally, Ms. Abbott has provided over 50 trainings to both PERU staff and stakeholders. Ms. Abbott has worked for over 25 years with children, adolescents, adults, and families experiencing both mental health and drug and alcohol issues. Ms. Abbott brings with her extensive history and expertise to both areas. Ms. Abbott has over 15 years of training experience with stakeholders and clinical staff. She has been able to utilize this expertise to provide clinical support to the PERU team and stakeholders.

John Amato, M.Ed.

John is the Director of Training and Consultation Services at Familylinks. He has 40 years of clinical, managerial, and training experience in social services. He is a certified trainer for the Pennsylvania Child Welfare Resource Center. Since 1994, John has delivered hundreds of workshops and has provided consultation and training in the areas of leadership, and team development. He has also provided trainings on chemical dependency and recovery and at-risk youth related issues. John earned his master's degree from the University of Pittsburgh in 1980. In February 2014, John became a Certified Situational Leadership Experience trainer. In October of 2015, he became a Predictive Index Analyst. In June of 2020 John earned his certification as a Modern Classroom Certified Virtual Trainer (MCCT).

Alissa Klugh MS, LPC, CIMHP, CCTP-II, CTMH

Alissa is a Licensed Professional Counselor (LPC). She owns and sees clients at Pittsburgh Psychotherapy Associates, LLC, in North Hills of Pittsburgh. As an alumna of the University of Pittsburgh, she obtained her master's degree in Rehabilitation Counseling and a bachelor's degree in psychology with a minor in Biology. She is Certified as an Integrative Mental Health Provider, Telemental Health Professional, and Clinical Trauma Professional. Alissa recognizes the connection between the mind and body and uses this in practice. She is a Beachbody coach and Reiki Master (Level III). With over 16 years of experience in the mental health field, Alissa has worked with children, adolescents, adults, families, and couples on their growth and change. She has worked with individuals struggling with depression, anxiety, trauma, mood disorders, anger management, self-improvement, co-parenting after separation/divorce, working through major life stressors, and building self-esteem by helping them find a new path. Alissa has taken her many years of working in direct care, private practice, and managing a mental health program for individuals with severe mental health needs and applied it to her skill set to bring information-seekers a better understanding of trauma, vicarious trauma, and healing in practice.

Patty Maxwell, M.Ed., M.S., BS

Patty is a licensed Behavior Specialist (BSL) with over 20 years of experience working throughout the mental health field in various positions including wraparound, intensive case management, family based mental health services and Early Intervention. She is the owner of Engage Kidz LLC and currently supports children and families virtually, in-home, school and in communities. Patty also supports teachers and professionals by coaching them through tough behavioral challenges and offers small and large group trainings. Her various educational background and experiences have allowed her to work with a wide range of ages (birth through adulthood) and supporting an array of learning abilities including individuals with autism, learning disabilities, behavioral challenges, intellectual disabilities and emotional disorders.

Michael Palladini, RPh, MBA

Mike has over 20 years of work experience in hospital, retail, and long-term care pharmacy. He is currently the Clinical Educator at Alosa Health. He has helped to develop and instruct in pharmacy technician programs, has been involved in action committees to address prescription drug abuse, and has been a certified trainer for PA Certification Board and the PA Department of Drug and Alcohol Programs for many years. He is the founder of Three Suns Publishing; a sole proprietorship developed to educate and inform interested parties in the areas of drug addiction. He has published 2 books: “Drugs of Abuse: From Doctors to Dealers, Users and Healers” and most recently, “Spellbound and Sensationless, A Drug War Vision.”

Erin Troup, LPC, NCC, CT, IMH-E (IV Clinical)

Erin is a Licensed Professional Counselor and the owner of Sprout Center for Emotional Growth and Development, LLC a private practice in Pittsburgh, PA specializing in early childhood social emotional needs, particularly attachment, grief & loss, trauma and anxiety. Erin earned her undergraduate degree in psychology and child development from Indiana University of Pennsylvania. She attended Chatham University for her MS in counseling and earned her Infant Mental Health Certificate in Pennsylvania’s first Infant Mental Health cohort. Erin has worked in the fields of Mental Health, Early Intervention and Behavioral Health service for over 15 years. She has presented on a variety of topics including mental health, grief and loss, social emotional and child development throughout the United States; but she calls Pittsburgh Pennsylvania home. She is the board secretary for The Pennsylvania Association for Infant Mental Health and a member of The Association for Death Education and Counseling. Erin also provides clinical and Reflective supervision for individuals seeking Licensure and Infant Mental Health Endorsement.

